Message from the President
Karen Mulitalo, MPAS, PA-C

I hope PAs everywhere are enjoying a peaceful and relaxing summer!

Thank you to everyone who stopped by the PAHx Booth during AAPA 2017 in Las Vegas. Our Trustees and staff enjoyed catching up with you and hearing about the “history” that PAs are making today!

This summer while you sip your lemonade by the pool, please don’t forget to support the work of the PAHx by sending in your PA program’s and constituent organization’s 2017-2018 Educational Research Fee for Associates.

In June, the PA History Society emailed the annual Educational Research Fee forms for Associates to all PA program directors and constituent organization presidents. This year, we offer three new levels of giving:

**Founder $1,000; Historian $500; Scribe $250**

With your paid 2017-2018 contribution, Associates will have access to:

- 3 Online Toolkits:
  - Educational Toolkit, 50th Anniversary Toolkit and Historian Toolkit
- Recognition on the PAHx website home page
- The PAHx Speakers Bureau
- PAHx digital images “free of charge”
- Recognition on the Associates page of the PAHx website
- Featured Photograph of the first graduating class (for PA programs) on PAHx website

New this year, for Associates is the **“50th Anniversary Toolkit”** filled with materials to help you celebrate the PA professions’ golden anniversary in October! The toolkit includes: a power point slide presentation on the history and legacy of the profession; PA profession timeline 2-banner set (PDF); 50th Anniversary Bookmarks (PDF); press release template to customize for your PA organization; Chipper Wallet stand-up cut out (PDF) and a Chipper Wallet 50th anniversary poster (PDF).

Our goal is to have 100% participation so that all faculty, students and constituent organizations will have access to the Society’s exclusive benefits and quality educational products for PAHx Associates.

*(President’s Message, continued on page 2)*
All PA history lovers, please remember that the PAHx now has a donor category for individuals to demonstrate their support of the PAHx mission and programs – especially in this important 50th anniversary year. Access the “Friend of the Society” donation form here. Of course any donation amount is appreciated.

I encourage all of you to look at the History Society’s newly designed website with rich resources about the profession. Among many other things, you will see the Society has created several 50th anniversary commemorative gifts which are available for a small tax-deductible donation to the PAHx: 50th Anniversary Poster, 50th Anniversary Lapel pin, and a special edition comic book featuring Chipper Wallet of Gasoline Alley. You can read more about these items and how to order them on page 5 of this newsletter.

To celebrate our historic milestone, the Society has also:

- produced a six-banner PA exhibit with the National Library of Medicine in Washington, DC, to travel across the U.S. over the next five years.
- created the only Veterans Memorial Garden in the country dedicated strictly to honoring uniformed services PAs.

The Society is a 501c (3) tax-exempt organization that relies on generous financial support from NCCPA and also from PAs, PA educational programs, AAPA constituent organizations and individual donors to continue its work. With your financial support, the PAHx will continue to create projects like these to preserve and promote the legacy of the profession for future generations, and to honor the pioneering PAs who fought for the privileges all PAs enjoy today. Remember, the work you are doing today will be tomorrow’s “PA history”!

Then and Now: The Story of an “Informally Trained” PA

In the beginning:
A small number of practicing physician assistants did not graduate from an accredited PA program. Approximately 480 PAs during the ’70s and early ’80s received “on-the-job” training from experienced physicians. Out of that group of “informally trained” PAs, 171 became certified by the National Commission on Certification of Physician Assistants (NCCPA). Perry M. Westberry, PA-C, has been practicing in internal medicine for the last 44 years and has witnessed the growth and

(Informally Trained PA, continued on page 3)
(Informally Trained PA, continued from page 2)

development of the PA profession as one of these certified, informally trained PAs.

_The Story of Perry M. Westberry, PA-C, as told in his words:_

“My interest in science most likely began after seeing Boris Karloff in _Frankenstein_ on a Saturday afternoon. What 10-year old would not be impressed with that laboratory? By age 11, I had a chemistry and microscope set and my study began in earnest. After high school graduation, I attended Georgia Tech where I planned to study chemistry. I knew I wanted to study science, but a job as a nursing assistant in 1969 at Crawford Long Hospital (now Emory Midtown) in Atlanta changed all that.

While working at Crawford Long Hospital, I met Dr. James Kaufmann, founder of The Kaufmann Clinic. I first started making rounds with Dr. Kaufmann at the hospital, literally carrying his charts. I learned his routines, what he ordered for certain conditions, and began to learn how he practiced medicine. This opportunity evolved into a fulltime position with me rounding with him at the hospital and accompanying him as he saw patients in the office. I learned how to do x-rays, EKGs, and phlebotomy. I studied, talked with and learned from other physicians, and attended conferences; as I learned more, Dr. Kaufmann allowed me more responsibility and room to grow.

After I married in 1975, I attended Clayton Junior College (now Clayton State College) and graduated with an Associate’s Degree in Nursing. I continued working for Dr. Kaufmann in the hospital fulltime. Dr. Kaufmann hired the clinic’s first PA in 1981, Ginger Halbfoster, PA-C. After working together for a few months, Ms. Halbfoster encouraged me to contact the NCCPA about taking the certifying exam.

I took the PANCE exam in 1983, passed, and became licensed in Georgia in April 1984.

I have continued to work as a certified PA at the Kaufmann Clinic, seeing patients in the office exclusively for the last 15 years. My advice to PA students is to find out what you like in medicine and do it. Had it not been for Ginger Halbfoster, PA-C, who suggested I take the PANCE, the encouragement of the other PAs I was working with at the time, and the willingness of Dr. Kaufmann to let me learn and grow, my life would have been much different.”

_Editor’s Note:_ The interview with Mr. Westberry was conducted by Sullivan University PA students in August 2015. Information regarding the number of informally trained PAs was collected from the NCCPA database. The option for informally trained PAs to take the NCCPA exam was eliminated in 1987.

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**OCTOBER 6, 1967**

_Duke University graduates its first class of three PAs, Victor H. Germino, Kenneth E. Ferrell and Richard J. Scheele._

What else was happening in 1967?

**POP CULTURE**

- **Jan 14** Sonny & Cher release “Beat Goes On”
- **Apr 29** Aretha Franklin releases "Respect"
- **Jun 1** Beatles release "Sgt. Pepper's Lonely Hearts Club Band" in the US, spending 15 weeks at #1
- **Oct 17** "Hair" premieres on Broadway
- **Nov 27** Beatles release "Magical Mystery Tour"
- **Dec 20** “The Graduate,” starring Dustin Hoffman & Anne Bancroft, premieres

(1967 Happenings, continued on page 4)
(1967 Happenings, continued from page 3)

**SOCIETY**

Jan 10 PBS (the National Educational TV network) begins as a 70-station network

May 11 100 millionth US phone is connected

May 20 10,000 demonstrate against war in Vietnam

Jun 27 The world's first ATM is installed in Enfield, London

Oct 6 Haight-Ashbury (San Francisco) hippies throw a funeral for "Hippie" to mark end of "the summer of love"

Oct 21 Thousands of anti-Vietnam War protesters march on the Pentagon, besieging the military headquarters for two days

Dec 28 Muriel Siebert becomes the first woman to own a seat on the NY Stock Exchange

**SCIENCE**

Jan 27 Astronauts Grissom, White & Chaffee die on Apollo I Command Module fire

Apr 9 The first Boeing 737 (a 100 series) makes its maiden flight

Apr 20 US Surveyor 3 lands on the moon

Jun 25 First global satellite television program – “Our World”

Jun 30 The first African American astronaut, Robert Henry Lawrence, Jr., is appointed

Jul 19 New York City announces the first air conditioned NYC subway car (R-38 on the F line)

Jul 23 Dr. Starzl performs the first successful liver transplant on 19-month old Julie Rodriguez at the University of Colorado

Nov 6 US launches Surveyor 6; makes soft landing on Moon Nov 9; becomes 1st man-made object to lift off Moon Nov 17

Nov 9 US launches the unmanned Saturn V rocket on its first successful test flight into Earth orbit

Dec 1 Queen Elizabeth inaugurates the Isaac Newton telescope [98-inch (249-cm)]

Dec 3 Dr. Christian Barnard performs the 1st human heart transplant in South Africa

Dec 11 France shows the first supersonic airliner prototype "Concorde"

Dec 14 Scientist Arthur Kornberg announces the replication of DNA in a test tube

**GOVERNMENT**

Jan 10 Edward W. Brooke (Sen-R-Mass) takes his seat as the first popularly elected African American to the US Senate

Feb 23 25th amendment to the US Constitution (US Presidential Disability & Succession) is adopted

Apr 1 US Department of Transportation begins operation

May 15 US Supreme Court rules juveniles accused of crimes should be given same legal rights as adults

May 17 After 42 years, Tennessee repeals a state statute (The Butler Act) prohibiting the teaching of evolution

Jun 1 Washington, DC gets a Mayor-council form of government

Jun 12 US Supreme Court unanimously ends laws against interracial marriages

Oct 2 Thurgood Marshall sworn in as the first African American Supreme Court Justice

Nov 7 LBJ signs a bill establishing the Corporation for Public Broadcasting

Nov 20 At 11 AM, Census Clock at Department of Commerce ticks past 200 million

(1967 Happenings, continued on page 5)
(1967 Happenings, continued from page 4)

INTERNATIONAL
Jan 27 Treaty signed banning military use of nuclear weapons in space
Feb 14 Pan American Union announces a Latin American nuclear free zone
Feb 22 25,000 US and South Vietnamese troops launch Operation Junction City, the largest US airborne assault since WWII
Apr 21 Svetlana Alliluyeva, Josef Stalin's daughter, defects to the US in NYC
Jun 5 Israel begins the six-day war against the neighboring Arab states of Egypt, Jordan and Syria
Jun 17 China becomes world's fourth thermonuclear (H-bomb) power
Jul 1 Canada celebrates the 100th anniversary of the 1867 British North America Act, which served as Canada's constitution for over 100 years
Aug 3 45,000 US soldiers sent to Vietnam
Sep 3 Nguyen Van Thieu elected president of South Vietnam under a new constitution
Nov 27 French President Charles de Gaulle refuses British entry to the European Common Market for the second time
Dec 20 474,300 US soldiers in Vietnam

ATHLETICS
Jan 27 New Orleans Saints sign their first player (Paige Cothren - kicker)
Feb 2 American Basketball Association is formed
May 13 NY Yankee Mickey Mantle hits career homerun #500 off Stu Miller
Oct 4 The St. Louis Cardinals met the Boston Red Sox in the 1st World Series since 1948 not to feature NY Yankees, Giants or the Dodgers

Editor's Note: This information was compiled from the “On This Day” website at: http://www.onthisday.com/events/date/1967

Celebrating 50 Years of the PA Profession
Lori Konopka-Sauer, BS

As you plan your 50th Anniversary celebrations, don’t forget to order some special edition commemorative gifts to share with your faculty, students, and PA colleagues! The following items can be ordered through the PAHx website for a nominal, tax-deductible donation:

50th Anniversary Poster: $5.00 plus S&H
A colorful 24” x 36” special edition poster ready to be framed and featured in your clinic, office, classroom, medical library, etc.

50th Anniversary Lapel Pin: $5.00 plus S & H
Show your PA pride with this special edition lapel pin commemorating the profession’s golden anniversary. Perfect to wear on your white coat!

Meet Chipper Wallet, PA-C!
$10.00 plus S & H
This special edition comic book features the adventures of Chipper Wallet, a main character from the syndicated cartoon strip Gasoline Alley. Chipper’s story historically parallels that of other former military corpsmen who became PAs. The comic strip drew national attention to the PA concept in its formative years.

(Commemorative Gifts, continued on page 6)
(Commemorative Gifts, continued from page 5)

The story line follows Chipper over the span of 50 years, from his years of service as a hospital corpsman in the US Navy (1967-1970), his decision to become a PA (1970-1973) and his return to the comic strip as a PA pioneer (2016-2017).

For more information on any of our special commemorative anniversary gifts, please visit the PAHx website, or email us at: contactus@pahx.org.

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**PAHx 50th Anniversary Toolkit: Everything You Need for Your Anniversary Celebration!**

Just in time to help you create a golden anniversary celebration event this fall, the 50th Anniversary Toolkit is now accessible online for PAHx Associates! With your paid 2017-2018 Educational Research fee, the following materials have been created for your 50th anniversary event:

- **PA Profession Overview:** A Power Point slide presentation featuring major PA events by decade; ready to be shown scrolling on a monitor or screen.
- **PA Profession Timeline 2-Banner set:** Colorful and informative, these (2) 24”x70” banners are ready for you to print actual size on vinyl for permanent display, or print on paper to frame or use as a handout at your event.
- **50th Anniversary Poster:** A hard-copy of this 24”x36” poster will be mailed to you ready for framing or to be mounted and displayed at your celebration.
- **50th Anniversary Bookmark:** A PDF featuring a 2-sided book mark is ready for printing to distribute as a complimentary give-away at your event.
- **Generic Press Release:** A template you can customize and send out to the local press or PA colleagues.
- **Chipper Wallet Standing Cut-out:** A PDF ready for printing so that PAs can take their picture with Chipper during your event.
- **Chipper Wallet 50th Anniversary Poster:** A PDF of the poster for you to print and frame or mount on foam board to be displayed at your event.

If your PA program or constituent organization would like more information on becoming a PAHx Associate, please visit our “How To Support Us” page on the Society’s website at [https://pahx.org/how-to-support-us/](https://pahx.org/how-to-support-us/) or email us at contactus@pahx.org.

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Then and Now: A Look at PA Demographics

During this landmark year for the PA profession, we have compiled some data about the profession to see just how the numbers have changed over the past five decades.

* The following 2016 data was gathered from the NCCPA 2016 Statistical Report, which includes information collected on certified PAs who responded to NCCPA surveys between 2012-2016:

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<tr>
<th></th>
<th>10/6/1967</th>
<th>12/31/2016</th>
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<tbody>
<tr>
<td>Number of PAs (in U.S.)</td>
<td>3</td>
<td>115,547*</td>
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<tr>
<td>Men</td>
<td>3</td>
<td>37,286</td>
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<tr>
<td>Women</td>
<td>0</td>
<td>78,247</td>
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<tr>
<td>Median Age</td>
<td>28 Years old: Victor Germino &amp; Richard Scheele</td>
<td>38 Years old: Kenneth Ferrell</td>
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<td>Asian</td>
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<td>Black/African American</td>
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<tr>
<td>American Indian or Alaskan Native</td>
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<tr>
<td>Native Hawaiian/Pacific Islander</td>
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<td>367</td>
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<tr>
<td>Other</td>
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<td>Have served in the Military - male</td>
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<tr>
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<td>373</td>
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<td>National Oceanic &amp; Atmospheric Admin.</td>
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<tr>
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<td>Emergency Medicine</td>
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<td>Internal Medicine Sub-specialties</td>
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<td>Dermatology</td>
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### Historical Happenings, Volume 11, Issue 3 – Summer 2017

**Table: Practice Settings**

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<th>Practice Setting</th>
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<td>Office-based private practice</td>
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<tr>
<td>Hospital</td>
<td>3</td>
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<tr>
<td>Federal Government facilities (includes Veterans Administration)</td>
<td>0</td>
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<tr>
<td>Community Health Center</td>
<td>0</td>
<td>3,073</td>
</tr>
<tr>
<td>Rural Health Clinic</td>
<td>0</td>
<td>2,038</td>
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</table>

*Data collected in chart includes only PAs who were certified at some point between 2012 and 2016, AND who responded to the PA profile, and answered certain questions on the profile, between 2012 and 2016. Fourteen PAs did not answer the gender question, thus at the end of 2016 there were 115,547 certified PAs, but only 115,533 answered that particular question.*

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**The ‘70s - A Groovy Decade for PAs! Can You Dig?**

*Michelle Schabowski, MSIS*

The 1970s saw the PA profession flourish. PAs were gaining recognition from the public and the medical community, PA programs were opening across the country, and the four organizations (JRC-PA, AAPA, APAP, and NCCPA) that would become the “pillars” of the PA profession were established.

In 1971, the American Medical Association (AMA) adopted the “Essentials for an Educational Program for the Assistant to the Primary Care Physician” to help unify the standard of education and training given to PAs. The following year, the AMA formed the Joint Review Committee on Educational Programs for Assistants to the Primary Care Physician (JRC-PA, became the Accreditation Review Commission on Education for the Physician Assistant - ARC-PA) to evaluate PA programs’ compliance to the “Essentials.”

Also in 1972, the Association of Physician Assistant Programs (APAP, became the Physician Assistant Education Association - PAEA) was formed to foster communication and cooperation among PA educational programs.

The organization for individual PAs, the American Academy of Physician Assistants, had been established in 1968. In 1973 APAP and AAPA received generous foundation funding that allowed them to open a joint national headquarters in Washington, DC.

The last of the four “pillars,” the National Commission on Certification of Physicians Assistants (NCCPA) was created in 1974 to assume the administration of the certification process and certification exam from the National Board of Medical Examiners (NBME).

PAAs became more and more accepted by the public as the decade progressed.

- **1972** - US Federal government funding authorized by the 1971 Health Manpower Act resulted in the tripling of the number of PA educational programs; the first major book outlining the PA concept and recommending policy directions (*The Physician’s Assistant: Today and Tomorrow*) was published; and states began amending their Medical Practice Acts to permit physician delegation of medical procedures to PAs.

(‘70s Groovy Decade, continued on page 6)
('70s Groovy Decade, continued from page 5)

- **1973** - The first annual nationwide conference on New Health Practitioners (later to be the AAPA Annual Conference) was held at Sheppard Air Force Base, Wichita Falls, TX; NBME administered the first certifying examination to 880 PAs and nurse practitioners; and the Trans-Alaska Pipeline opening in 1974 saw PAs as the chosen medical staff to serve 10,000 workers.
- **1975** - NCCPA issued its first certificates to PAs who passed the certifying examination, and the PA-C designation became a new standard for the profession.
- **1976** - The AAPA House of Delegates had its first meeting.
- **1977** - The Rural Health Clinic Services Act (PL95-210) provided Medicare reimbursement for PAs and nurse practitioners in rural clinics.
- **1978** - The US Air Force became the first branch of the uniformed services to appoint PAs as commissioned officers.

As they say, the rest is history!

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Marilyn H. Fitzgerald, Honorary PA

**Editor’s note:** To move beyond our history, we must first understand it. As state PA organizations prepare to push for “optimal team practice” as described in new AAPA policy approved in May, we hope this retrospective on the profession’s evolution in this area is helpful.


PAs have always practiced with physicians (sometimes side by side as in the operating room and sometimes remotely as in rural areas, where telephone consultation was all that was possible). Physicians delegated various responsibilities to them, and those responsibilities had to be within the scope of the physician’s practice. This delegatory authority was codified in state statutes starting in 1971. Please see the July issue of *JAAPA*, “How PAs became Licensed to Practice in the United States” by Sadler and Davis for a more in-depth review of that process.

This complicated evolution over 50 years has been discussed elsewhere in the literature at length. The focus here is on the role of the AAPA and decisions by its House of Delegates.

The HOD has documented the definition of PA practice and the physician/PA relationship in its AAPA Policy Manuals.

In 1980, the first “official” AAPA Policy Manual contained these statements:

1. **Definition of the PA Profession**
   “The physician’s (sic) assistant is a member of the health care team who, working dependently under the supervision of a licensed physician, provides a broad range of health services. The education of physician assistants in accredited programs encompasses training in biomedical, behavioral and clinical skills, which are maintained by continuing medical education.…”

2. **Dependent Practice Policy Statement**
   “The PA is a professional member of the health care team, qualified by academic and clinical training, who functions under the responsible supervision of a licensed physician.

**(OTP continued on page 7)**
This dependent relationship augments the physician’s data gathering and technical abilities, thus assisting the supervising physician in formulating and instituting care plans and treatment for the physician’s patients.

The supervising physician may delegate to the PA those medical procedures and other tasks that are performed within the normal scope of the physician’s practice. The PA is subject to the limitations set forth by the supervising physician in addition to the laws, rules and regulations that affect utilization of PAs.”

Five years later (1985), the HOD adopted a position paper on “Supervision of Physician Assistants” that further documented dependent practice. The first paragraph reads:

“The Physician Assistant profession is gaining significant recognition for its commitment to the promotion of the highest possible quality of health care. This recognition is due in large part to the professional stance of dependent practice. As the profession grows and individuals gain expertise, there is a possibility of perceived movement toward independent, limited practitioner status. It is the opinion of the AAPA that independent practice would be detrimental to the interest of both quality patient care and the status of our profession. Therefore, it is imperative that every PA/physician team be responsible for establishing and maintaining responsible physician supervision. This implies not only compliance with all applicable laws, rules and regulations, but also a spirit of cooperation with all members of the health care team, to allow the PA to exercise judgment within the scope of his/her practice and experience, while adding to the quality of patient care.”

In 1986, the HOD adopted a position paper on “Dependent Practice and Guidelines for Supervision.” Its conclusion stated:

“It is the obligation of each physician/PA team to ensure that the assistant’s scope of practice is well delineated, that the delegation of medical tasks is appropriate to the PA’s level of competence, that the relationship of and access to the supervising physician is properly defined and that a process of performance evaluation is established. Adequate and responsible supervision of the PA provides for both high quality patient care and continued professional growth. The AAPA is committed to the concept of PA dependent practice in concert with and under the direction and supervision of licensed physicians.”

In 1988, the HOD adopted the “Guidelines for State Regulation of PAs. The Guidelines reinforced AAPA’s belief that states should continue to regulate the PA profession. The Guidelines are the policy foundation for subsequent model state legislation. They “protect the public from incompetent performance by unqualified medical providers;” “define the role of PAs in the healthcare system;” and “enhance appropriate and flexible professional practice.”

Over the next 23 years (1993-2016) the Guidelines were amended to reflect the changes and evolution in the PA role and the regulatory environment (accreditation, licensure, title protection). They defined and clarified the PA/physician relationship (e.g., team practice, cooperation, collaboration). For details on the exact amendments and clarifications, reference the AAPA Policy Manuals.

Between 2016-2017, an AAPA Joint Task Force on the Future of PA Practice Authority discussed the concept of full practice authority and argued for moving away from physician collaboration. Prior to and during the most recent HOD meeting in May 2017, these issues were intensely debated and the Guidelines were amended in several important ways. The most historic amendment modified a section on
Optimal team practice is applicable to all PAs, regardless of specialty or experience. Whether a PA is early career, changing specialty or simply encountering a condition with which they are unfamiliar, the PA is responsible for seeking consultation as necessary to assure that the patient’s treatment is consistent with the standard of care.” 

In summary, the past 50 years have seen significant changes in the definition, role, practice and acceptance of PAs and in the physician/PA relationship. Terms such as dependence, supervision, limitations, and delegation have faded. As the profession and medicine itself, continue to evolve, new, far-reaching policies will be adopted. To be successful, the evolution must continue to be a collaborative process, including state and national PA organizations and appropriate physician specialty groups and policymakers. 

The PA/physician team model continues to be relevant, applicable and patient-centered. The degree of collaboration of the practicing PA should be determined at the practice level in accordance with the practice type and the experience and competencies of the practicing PA. State law should not require a specific relationship between a PA, physician, or any other entity in order for a PA to practice to the full extent of their education, training and experience. Such requirements diminish team flexibility and therefore limit patient access to care, without improving patient safety. In addition, such requirements put all providers involved at risk of disciplinary action for reasons unrelated to patient care or outcomes. Like every clinical provider, PAs are responsible for the care they provide. Nothing in the law should require or imply that a physician is responsible or liable for care provided by a PA, unless the PA is acting on the specific instructions of the physician.
A Day Without Unidentified PAs
Michelle Schabowski, MSIS – PAHx Archivist

The bane of every archive’s photo collection is the “unidentified person” that haunts numerous photographs. It drives archivists (and researchers) crazy!

The PA History Society is reaching out to PAs to ask a favor: Help us Have a Day Without Unidentified PAs in our photograph collections!

When you have a few minutes, please

2. In the “Enter Photo Search Criteria Here” search box at the top of the page, type “unidentified” and press the “Search” button beside the box.
3. You will then see all photographs that have an unidentified PA or event in them somewhere. Click on the call number or title of the photo to go to that photo’s information page.
4. Click on the photo on that page to enlarge it.
5. If you know that unidentified PA, please tell us! Click on the “Send Us Feedback” button in the top right corner of the Photo Record page. It is as simple as that!
The Physician Assistant: 
An Illustrated History

A concise history of the people, places, and events that have propelled the concept of the PHYSICIAN ASSISTANT from its inception at Duke University in 1965 to its position as a major force in American medicine today.

Special Pricing for PA Programs, PAs and Constituent Organizations:
$12 each (retail price $15.95)

• $10 each plus shipping & packaging for orders of 15 or more books
• Checks & credit cards accepted

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*A single book purchase is $12 + $2.75 for shipping = $14.75

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