Kistorical Kappenings

THE OFFICIAL NEWSLETTER OF THE SOCIETY FOR THE PRESERVATION OF PHYSICIAN ASSISTANT HISTORY

HONORARY MEMBERS NAMED TO SOCIETY BY REGINALD CARTER

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HISTORICAL HAPPENINGS

The official publication of the Society for the Preservation of Physician Assistant (PA) History.

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Lauren R. Zajac

Six individuals were approved by the Board for honorary membership in the Society at the recent meeting in Qubec City. They are Donald Fisher, Alfred Sadler, Thomas Piemme, Richard Rosen, William Stanhope and Suzanne Greenberg, They join three other individuals who were approved for honorary membership in 2005; Eugene Stead, Jr., E. Harvey Estes, Jr. and Richard Smith.

Donald Fisher was the first executive director of the Association of PA Programs and the American Academy of Physician Assistants.

Alfred Sadler was the first president of the Association and authored one of the first books written about PAs.



Rosen, 2001

Thomas Piemme served as the Association's second president. Suzanne Greenberg was the Associations first secretary and treasurer. Fisher, Sadler, Piemme and Greenberg played pivotal roles in helping establish academic and certification standards for PAs and establishing a national office in Washington DC. Richard Rosen helped establish and

directed the first postgraduate residency for PAs in surgery at the Montefiore
Medical Center, Bronx, NY.
William Stanhope was the first president of the Academy and first PA to be a director of a PA educational program. Biographic sketches are being prepared for each of these individuals to be placed on the PAHx Center's website.



Piemme, Greenberg and Fisher, 2002



Stanhope, 2002



Sadler, 2003

TIMES THEY ARE A CHANGIN'- THE MALE TO FEMALE GENDER SHIFT IN OUR PROFESSION

BY LAUREN R. ZAJAC, MHS, PA-C CO-EDITOR



Lauren R. Zajac

If you are reading this newsletter, you are hopefully a member of this wonderful and immensely important organization, and therefore know a thing or two about how our profession was started. From treating wounded military men, civilians, and enemies, to treating patients in hospitals, the role and title of being a combat medic was only offered to worthy men.

The memorable advertisement in Life Magazine on July 30, 1971 mentions that both men and women are able to become "Physician's Assistants". It ap-

pears that after the first few successful years of turning out PA school graduates from Duke University, the PA profession was becoming an acceptable profession for women, an alternative to the nursing route. In 1971 and earlier, the beginning period of the profession, approximately 14 percent of the PA profession was made up of women, both new graduates and cumulatively. These figures, obtained from The American Academy of Physician Assistant's Census, have changed dramatically over the last 30 years. The year 2006 had the largest percentage of female graduates to date at 72 percent, with the cumulative female percent staying stable since 2005, at 58 percent.

Fast forward about forty years to 2003, when I was interviewing at PA programs. Many schools included medical ethics questions to be answered, but the University of Florida threw me off guard with the additional thought-provoking question posed. Why has there been this male to female gender shift of the PA profession? The question baffled more initially but seemed somewhat easy to tackle after some thought. The most

obvious traditional answer in my mind was that the PA profession gave women the ability to blend a love of medicine with the flexibility of raising a family and tending to a household. While nursing is still a profession will largely dominated by women, some of us had the desire to diagnose and treat patients utilizing the medical model of medicine instead of the nursing model.

Conversely, the reason for the decrease in the male population within the profession seemed somewhat simplistic in my mind. Possibly, men felt inferior to other men in the workplace and could not handle taking orders from a male doctor, their age or younger.

In summary, the PA profession has been a wonderful career choice to many of us. In a survey published in the AAPA News, 90 percent of us would become PAs again- what other profession can you think of that has that high a satisfactory rating? It is nice to see the PA profession being embraced by both men and women, and hopefully we can continue to retain men in our occupation, because, well, patients need good male PAs too.

CALENDAR OF UPCOMING EVENTS

May 28, 2007 (Monday)

1:00 to 2:00 PM

Strategic Planning Committee Meeting

Philadelphia, PA

May 28, 2007 (Monday)

2:00 to 4:30 PM

Board of Directors and General Membership Meeting

Philadelphia, PA



PRESIDENT'S PERSPECTIVE "YESTERDAY IS BUT TODAY'S MEMORY; TOMORROW IS TODAY'S DREAM" BY PAM SCOTT, MPAS, PA-C



Pam Scott

I titled my report after the famous quote of Kahlil Gibran because it represents my current feelings of our Society. Formed less than five years ago to serve as a fund raising and advisory council for the PA History Center, it has evolved into a thriving organization. Much of this success is due to our executive director and founder, Dr. Reginald Carter. We owe him and the many early and current leaders our heartfelt thanks for ensuring that our profession's history is going to be preserved for future generations. That is our yesterday.

We had a very successful meeting during the PAEA's Forum held in Quebec in October. Please read the related articles about the meetings that took place in this edition of "Historical Happenings." This is our today.

Now let us focus on our tomorrow, the fulfillment our dreams of today. We are pleased that AAPA President, Mary Etteri, and AAPA EVP/CEO, Steve Crane, accepted our invitation to attend our strategic planning meeting in Quebec City. We sincerely appreciate their taking the time out of their busy schedules to attend. Our dream of becoming a service arm of the Academy, similar to the PA Foundation, will become a reality by July 1, 2007. This is a fabulous opportunity for the society as it will enhance our visibility and credibility as an organiza-Furthermore, it will allow our PAHx Center staff and volunteer leaders to focus and work more on "academic" history projects such as writing biographies, archiving materials, and documenting our missing segments of history.

A leadership team composed of Jeffrey Heinreich, Ruth Ballweg, Ron Nelson and myself was established by our Board in Ouebec City to work with the Academy leadership to make this dream a reality, our tomorrow. We are currently working on bylaw and tax issues necessary to make the transition a reality. Sherry Carter is working closely with Academy staff to transfer financial and administrative duties to Alexandra, VA. We hope to have a business plan ready to present to the AAPA BOD in February. With their consent, we will present our recommendations for bylaw changes to our general membership at our May meeting during the AAPA meeting in Philadelphia. I sincerely appreciate all the hard work of our AAPA staff and leaders; our Executive Director and staff, and our strategic planning committee for making this dream a reality.

It is my desire that each of you are as excited about keeping yesterday as a memory and tomorrow as the dreams of today as I am.

STUDENT SCHOLARSHIP & HISTORY PROJECTS ON TARGET FOR 2007 BY REGINALD CARTER

Judi Colver agreed to head up the student scholarship program this coming year for the membership committee. She also donated funds to underwrite the scholarship for the first year. Two members of the Research and Education Committee, Richard Dehn and Pat Jennings, will be responsible for the history project competition. Rod Hooker will underwrite the project this coming year. Others who have donated funds for this purpose include Reginald and Sherry Carter, Pam Scott, Ruth Ballweg, Libby Coyte, Elaine Grant, Wendell Wharton, Gloria Stewart, Carl Fasser,

Don Pedersen and Rick Dehn. Criteria has been developed for both programs and was posted on the Society's website in November. Announcements have been sent to student class leaders and a link to the Society's website providing information about the scholarship and project has been made on SAAAPA's website.

Scholarship applications for the 2007-08 academic years will be accepted from February 1 through March 31, 2007. The winner will be announced prior to and invited to accept the \$500 scholarship at the AAPA Annual Conference to be held between May 26-31, 2007 in Philadelphia, PA. Awards of \$500, 250 and \$100 will be given to the first, second and third place winners of the history project competition. Applications for the 2007-08 academic years will be accepted from January 15 through February 28, 2007. The project must be completed and the CD ROM submitted for evaluation by March 31, 2007. The winners will be announced prior to and invited to accept their awards at the AAPA Annual Conference to be held between May 26-31, 2007 in Philadelphia, PA.

ADDITIONAL BIOGRAPHIES FOR THE WEBSITE BY REGINALD CARTER

Four new biographical sketches have been added to the PAHx Center's website. Three of the individuals are honorary members of the Society. They are E. Harvey Estes, Jr., MD, Alfred Sadler, MD, and William Stanhope, PA, MS. The other individual is Joyce Nichols, PA-C. Each has made their own contribution to the history and legacy of our profession.



Dr. E. Harvey Estes, Jr. was appointed chairman of Duke University's newly created Department of Community Health Sciences in 1966. A year later, he was asked to assume responsibility for the physician assistant (PA) program established by Dr. Eugene A. Stead, Jr. in the Department of Medicine. Estes inherited the program about the time the first three PA students were finishing their 2-year training program in 1967. He took steps immediately to evaluate and promote the training and use of physician assistants in North Carolina and the nation. With the addition of a postgraduate family medicine division in 1970, the Department's clinics became a training ground for MD/PA health care teams. The Department recruited and trained community health workers from improvised communities and helped established rural satellite clinics in these communities staffed

primarily by PAs. He wrote articles, chaired or served on advisory committees and traveled extensively to promote the concept to anyone who would listen. It was Estes' resilience and fortitude that brought Stead's vision to fruition in the 1970s and 1980s.



Dr. Alfred M. Sadler, Jr. served as the first president of the Association of Physician Assistant Programs (APAP) in 1973-74. The Association was established in November 1972 as an off shoot of the American Registry of Physicians' Associates established by several PA program directors in 1970. During his time in office, Dr. Sadler played a key role in developing the organization's bylaws and lobbying the American Medical Association (AMA) to have the organization's members participate in the development of accreditation standards and a national certification process for PAs. Under his leadership, the first annual conference on New Health Practitioners was held in Wichita Falls, TX in April 1973. He participated in the formation of the National Commission on Certification of Physician Assistants in 1974 and helped obtain foundation support to open a national office in Washington, DC in 1974 jointly shared by the Association and Academy.



William Stanhope was the first president of the American Academy of Physician Assistants (AAPA), serving two consecutive terms, 1968-69 and 1969-1970. During his time as president and later as its secretary (1972-1974), Stanhope paved the way for the Academy to become a national leader in the development of academic standards for physician assistant programs; certification and continuing medical education guidelines for PAs; and legislative and reimbursement recognition for PA clinical services. He helped establish the PA program at the University of Oklahoma and the Oklahoma Academy of Physician Assistants. He has been involved directly or indirectly in the education of physician assistant students at five institutions while maintaining and active practice and interest in orthopedic surgery. In 1979, Stanhope became the first PA selected as a Robert Wood Johnson Health Policy Fellow.

Continued on page 12

ANSWERS TO MD FOUNDING FATHERS QUIZ From page 7:

1G, 2D, 3A, 4F, 5B, 6C, 7E

EXECUTIVE DIRECTIONS DO WE LEARN ANYTHING FROM OUR PAST? BY REGINALD CARTER



Reginald Carter

I just finished reading Elkhonon Goldberg's book The Wisdom Paradox: How Your Mind Can Grow Stronger As Your Brain Grows Older. According to Goldberg, as we age our brains become better at pattern recognition – seeing the bigger picture. So with age, we may be less adept dealing with day to day problems but will see patterns in life and situations more clearly. Hence, we can make quicker and better decisions than when we were younger. This is why most cultures associate wisdom with age. Can we apply the same analogy to an organization, or to that matter, a profession? I think so.

There is a quote from the Bible that says "Your elders will see visions, and your youth will dream dreams." The day to day battles to meet the needs of patients and their family in an ever changing health care market is best left to the young. In this arena one person or an organization can make a difference in the

daily lives of individuals. Martin Luther King was 34 when he delivered his famous "I have a dream" speech at the Lincoln Memorial. Robert Kennedy was 42 when he said in a speech, "Some people ask why, I ask why not"? The dreams of youth cause us to reevaluate our lives and ways of thinking.

Strategic planning, developing alliances and managing paradigm shifts are roles best suited for "elders" of the profession. Nelson Mandela was 76 when he became South Africa's first democratically elected president post-apartheid. His struggles lead him to say that "There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered." Ronald Regan, our oldest elected president, said "History teaches that war begins when governments believe the price of aggression is cheap." The vision of elders focuses on the big issues; overcomes turf battles and does what is right to meet the needs of people.

My "vision" is that our Society will be a haven for those made wiser by their collective struggles to promote the use of MD/PA teams to deliver quality and affordable health care services. Like the fables that end with ... "and the moral of this story is" the accounts of our history should end with ... "and the lesson learned from this story is." Some have suggested that under the Society's umbrella we should form a "PA Dinosaurs Club." In

addition to socializing, members of this "inner" club could become a "think tank" for the profession. I think it is a wonderful idea.

Our Society needs the vigor of youth and the wisdom of age to accomplish our mission. The evidence is in – our brains change with age. Patterns are laid down over time that helps us make better and broader swiping decisions. Our collective memories are patterns that we can use to make better professional decisions. So let's use these individual changes and collective experiences to our advantage.



CENTER VISITORS BY REGINALD CARTER

Two of Dr. Stead's former house staff visited the Center to see first hand the Stead Museum Office and the Center named for their former mentor. Dr. C. Hilmon Castle left the Duke University Department of Medicine residency program in the early 1950's to spend a year at the University of Utah and never came back. He and Bill Wilson established the MEDEX program there in 1971 soon after Castle became head of Utah's Family and Preventive Medicine Department. He and wife, Linda, met Reg Carter at the Center Saturday morning during Duke's Alumni weekend.

After finishing his residency at Duke in 1965, Dr. Joe LeBauer established a private cardiology group practice in Greensboro, NC. Taking Dr. Stead's lead, he employed some of the first PAs in cardiology in the state. LeBauer was instrumental in having Mr. Stanley Tanger donate money to the Society to help us establish a new office in the Stead Center. He and his friend, Susan

Ansin met Reg Carter and Adonna Thompson for a tour of the Center in December. Both Castle and Le-Bauer were impressed with the Society's efforts to persevere an important part of the Stead legacy and are proud to have employed and worked with PAs in their practices.



C. Hilmon Castle and wife Linda



Joe LeBauer and friend Susan Ansin (center) with Reg Carter and Adonna Thompson

STRATEGIC PLANNING SESSION HELD IN QUEBEC CITY BY REGINALD CARTER

The Strategic Planning Committee, chaired by Dr. J. Jeffery Heinrich, met with representatives from the American Academy of Physician Assistants in Quebec City Canada on October 27, 2006 to discuss a proposal to have the Society become the historical arm of the Academy similar to the PA Foundation being the philanthropic arm of the Academy. The proposal prepared by Steven Crane, Executive Vice President/Chief Executive Officer of the Academy, was approved by the Academy's Executive Committee. The proposal listed three options for the Society's BOD to consider. The

Academy's president, Mary Ettari, presented the proposal and congratulated the Society for its outstanding work to date. In turn, Jeff Heinrich expressed his thanks to the Academy for the support of the Society and its academic arm, the PA History Center, affiliated with the Duke University Medical Center Archives. The discussions focused on the mission of the Society and PA History Center, long-term financial stability, future staffing needs and the pending ruling by the IRS as to the Society's tax status as a 501-C-3 nonprofit organization.



Steve Crane and Mary Ettari present AAPA proposal

PHYSICIAN FOUNDING FATHERS OF THE PA PROFESSION QUIZ BY WENDELL WHARTON

Each of the following physicians listed below contributed significantly to the establishment, growth and development of the Physician Assistant profession and our educational programs. To test your knowledge of these physician founding fathers, match the lettered names with the numbered accomplishment and the PA programs that they helped establish.

- A. Gliedman, Marvin L
 B. Johnson, Amos N.
 C. Kirklin, John W.
 D. Myers, Hu C.
 1965, Duke University, the first PA program to admit and graduate students
 1967, Alderson-Broaddus College PA Program, the first PA program to offer its graduates a baccalaureate degree
 1971, Montefiore Medical Center, the first postgraduate PA surgical PA program
 1967, University of Washington, the first of eight MEDEX
- E. Silver, Henry K. model PA programs

 5. 1940 to 1975, the first physician to personally train and work with the first PA, then called a "doctor's assistant"
- F. Smith, Richard A.

 6. 1967, University of Alabama at Birmingham, the first Surgical Assistant program
- G. Stead, Eugene A.
 7. 1969, University of Colorado Child Health Associate Program, the first program to offer its graduates a masters degree

Answers to the Physician Founding Fathers of the PA Profession Quiz on the bottom of page 4. For additional information about these physicians, visit our website at: http://pahx.org/bio.html

BOARD OF DIRECTORS MEETING IN QUEBEC CITY BY REGINALD CARTER

The Board of Directors met in Quebec City on October 27, 2006 in conjunction with the PAEA Education Forum. President Pam Scott opened the meeting and quickly dispensed of minutes and reports and focused the Board on several items of old and new business. In summary, the Board took the following actions:

- 1. Asked the finance committee to develop criteria or guidelines regarding the acceptance of donations and gifts to the Society,
- 2. Asked the membership committee to develop formal criteria and guidelines for the selection of honorary members,
- 3. Conferred honorary membership on Donald Fisher, Alfred Sadler, Thomas Piemme, Richard Rosen, William Stanhope and Suzanne Greenberg,
- 4. Approved request from Don Pedersen for Society to contribute \$1,000 to placing the combat medic statue (originally commissioned by the Utah PA Program) on the grounds of the Eugene A. Stead, Jr. Center for Physician Assistants in Durham, NC, and
- 5. Accepted the Academy's proposal option #3 in principal and delegated Pam Scott as president, Jeff Heinrich as chair of the strategic planning committee and Ruth Ballweg as past president, to handle negotiations with the Academy.

DISPLAY CASES ARRIVED BY REGINALD CARTER

It took about eight weeks from time of order to delivery, but we now have four display cases that will be located in the lobby of the Stead Center to show off our "stuff." The display cases are a gift from the Oklahoma Academy of Physician Assistants. They sent us \$8,500 to purchase the cases and materials to create exhibits this coming year. Much thanks to Dan McNeil and his BOD. The cases blend it beautifully with the wood work in the lobby. Two tower cases provide 15 square feet each and two hexagon pedestal cases provide 5 square feet each of exhibit space. Adonna Thompson and Reg Carter will create displays

for the cases in time for the NC Academy Winter Conference scheduled for the last week of February. It is a time when many PAs visit the Center. The plan is to cycle displays every 6 to 4 months. Exhibits are being created illustrating the history of the Oklahoma Academy and the NC Academy to be presented in the pedestal display units. We will feature at least two of our sponsoring organizations each cycle.



Display unit being uncrated



Foundry prepares mold for casting

SOCIETY MEMBERS DONATE FUNDS FOR COMBAT MEDIC STATUE BY REGINALD CARTER



After approving the motion to provide at least \$1,000 to support the placement of the statue at the Stead Center in Durham, NC, members attending the BOD meeting volunteered to fund the project by pledging \$100 each. These individuals included, Sherry and Reginald Carter, Pam Scott, Ruth Ballweg, Michael Rackover, Gloria Stewart, Leff Heinrich, Don Pedersen, Rick

Dehn, Ken Harbert, Jim Cawley and Richard Rahr.

The statue was commissioned by Don Pedersen, director of the Utah Physician Assistant Program, and unveiled on the Utah campus in July 2003. After visiting the Stead Center in February 2006, Don spoke with leaders of the North Carolina Academy about having the statue recast and placed in the Center's surrounding

gardens. He and Kent Wallace, PA-C from Seattle have taken the lead in raising money from various PA organizations. A gifting ceremony is planned for March 2007 when the PA Foundation's Board meets at the Center. A more elaborate dedication ceremony will be held in May when the weather is more suitable.

ARCHIVIST CORNER - PICTURE THIS: PART II BY ADONNA THOMPSON



Adonna Thompson

In the last issue I discussed some of the challenges involved with organizing and preserving photograph collections and made suggestions about products to use as well as those to stay away from. After assessing the extent of your collection, weeding out those photos you don't want to keep, and purchasing the appropriate archival supplies, you will then begin to rehouse your photos.

Something to keep in mind, if photos are located within a paper collection and are directly related to this collection then it is often preferable to leave these items together. If this is the case then the photos should be sleeved using the appropriate archival materials and left in place. Usually in this case the photos are few in number.

If it is preferable to keep photos in albums, archival quality albums and sleeves should be purchased. Please refer to the previous article for reputable suppliers. This is a good place to begin because most likely, photos within albums are those you have already sorted through and decided to display. It is best to wear white cotton gloves when handling photographic materials to avoid transferring oil or dirt.

First you will remove materials from unstable albums, plastic binders, folders, or sleeves (most plastic is highly acidic and speeds degradation of items in or around it), and place them in stable archival safe albums/sleeves. As you do this you will want to add as much information about the photographs as possible. It is often helpful to use these basic questions: who, what, when, where, why, and how? Answer as many of these questions as you can for each individual photo. If you want to write directly on the back of a photograph, it is best to write lightly with a soft graphite pencil (2b-8b work well) and never a pen. Ballpoint pens leave indentation marks on the front of the photo and ink from felt tip pens often doesn't dry fast enough, leaving marks or smudges on your other photos. Another way to label your photos is to buy albums that provide extra space for writing.

If you choose to use photo sleeves rather than albums to re-house your collection, place them into archival folders (you might group them by event, person, or date) and then label the folders accordingly. To properly preserve your photos it is advisable to then house both albums and folders in acid free archival boxes. However, you may not wish to give the same level of care to all of your photographs. Less significant photographs could be stored in unbuffered archival folders un-sleeved or in archival boxes specifically made and sized for photographs.

Photographic materials should be stored in as cold an environment as possible. I realize that people and photos often share space so you will have to compromise ideal storage

for photos with habitable working conditions. But most importantly, it is never a good idea to store photos in the basement or attic. Temperature and humidity fluctuations will destroy your valuable photo collections. Optimal levels for temperature and relative humidity (RH) are no higher than 70°F and between 30-50% RH.



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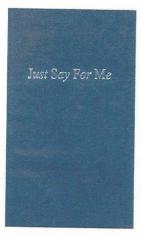
Date: September 18, 2006

BIOGRAPHIES CONTINUED



Joyce Nichols is the first woman to be formally educated as a physician assistant (PA). She also happens to be the first African— American woman to practice as a PA. Nichols was working as a

licensed practical nurse (LPN) at Duke University when Dr. Eugene A. Stead, Jr. established his 2-yr PA educational program in 1965. She learned about the program from a former Navy corpsman who worked with her in the cardiac unit. The program was originally designed to build on the past experience and training of ex-military corpsmen. Thus, Nichols had to overcome a number of obstacles to gain entrance into the program. She was a woman; she did not have a corpsmen background; she was an African-American; and she had little money to pay for her education. However she was persistent and gradually won the faculty's confidence and support. She entered and graduated from the Duke PA Program in 1970.



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